

A *FREE* Parent Program Presented by
the Ohio Chapter, American Academy of Pediatrics
and the Ohio AAP Foundation

*Healthy, Strong and Ready for Teens:
Parents and Doctors Working Together to Prepare Girls for Adolescence*

Saturday, April 18, 2009
9:00 a.m. - 3:45 p.m.

The Fawcett Center
on The Ohio State University Campus
2400 Olentangy River Road
Columbus, Ohio 43210

AGENDA:

- 8:00 - 9:00 a.m. Registration
9:00 - 10:00 a.m. Welcome Address
The Perils of the Preteen Girl: Understanding the Challenges Girls Face in Adolescence
Elise Berlan, MD, Nationwide Children's Hospital
- 10:00 - 10:20 a.m. Break/Exhibits
10:20 - 11:50 a.m. Breakout Sessions and Question & Answer
Bone Health and the Downfall of the Female Diet
Robert Murray, MD, Nationwide Children's Hospital
Vaccines for Teens: An Update
Katalyn Koranyi, MD, Nationwide Children's Hospital
The Female Knee Creates the MVP (Most Vulnerable Player)
Stacy Fischer, MD, Nationwide Children's Hospital
- 11:50 a.m. - 12:00 p.m. Break/Exhibits
12:00 - 1:00 p.m. Roundtable Lunch with Speakers and Physicians
1:00 - 2:30 p.m. Keynote Address
Tips for Parents: Raising Strong and Successful Youth
Kenneth Ginsburg, MD, Children's Hospital of Philadelphia
- 2:30 - 2:45 p.m. Break/Exhibits
2:45 - 3:45 p.m. Breakout Sessions and Question & Answer
Mood and Anxiety Disorders: How to Recognize Them and What to Do
Ghada Lteif, MD, Nationwide Children's Hospital
Understanding and Preventing Alcohol Abuse: A Guide for Parents
Peter Rogers, MD, Nationwide Children's Hospital

SPACE IS LIMITED, REGISTER TODAY FOR THIS FREE PARENT PROGRAM!
To register, or for more information, visit www.ohioaap.org or call (614) 846-6258.

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of Pediatrics
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Ohio Chapter



Ohio AAP Foundation

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Thank you to *Ortho-McNeil* for their generous support during the lunch roundtable discussions.